

# Flex Omega Benefits®



**BENEFITS** 





#### Enhanced anti-inflammatory benefits • Maintains joint health and flexibility

Persistent musculo-skeletal, joint, and back pain are often caused by chronic inflammation. Flex Omega Benefits<sup>®</sup> is custom formulated with a high concentration of the anti-inflammatory Omega-3, EPA (eicosapentanoic acid) in its natural TG form and Vitamin D3 to maintain strong bones. This product offers an effective, safe, and natural way to support joint health and manage aches and soreness without the side effects often experienced with taking prescription pain relievers and NSAIDs. Flex Omega Benefits<sup>®</sup> also offers significant benefits for exercise recovery and general cardiovascular health.

Supplement	Facts
Serving Size: 4 Softgels	
Four Softgels Contain	% Daily Value
Calories (energy)	45
Calories from Fat	40
Total Fat	4.5 g 7%*
Polyunsaturated Fat	3 g †
Monounsaturated Fat	1g †
Cholesterol	10 g 3%*
Protein	<1 g
<b>Vitamin D</b> (as D <sub>3</sub> Cholecalciferol)	1000 IU 250%
Omega-3 Fatty Acids as TG**	2668 mg 🕴 †
EPA (Eicosapentaenoic acid) as TG**	
DHA (Docosahexaenoic acid) as TG*	* 560 mg †
Additional Omega-3 Fatty Acids as TG** 428 mg †	
<ul> <li>* Percent Daily Values are based on a 2,000 calorie diet</li> <li>† Daily Value not established</li> <li>** Superior Triglyceride Form</li> </ul>	
INGREDIENTS: Highly Refined and Concentrated Omega-3 Fish Oil	

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INGREDIENTS: Highly Refined and Concentrated Omega-3 Fish Oil (anchovy, sardine, mackerel), Capsule Shell (gelatin, glycerin, purified water), Natural Mixed Berry/Orange Flavor, Natural Mixed Tocopherols (soy), and Cholecalciferol.

### **FLEX OMEGA BENEFITS®**

- Natural triglyceride form for maximum absorption
- Highly purified and concentrated
- Molecularly distilled in a pharmaceutically licensed facility
- Independent laboratory tested for quality and purity

### CONNECT

**PRN Health Coach**: For questions on the use of omega-3s or other nutritional supplements for certain conditions and questions specifically about PRN products.

Phone: 888-776-9144 Email: info@prnomegahealth.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, prevent disease.

## **SUGGESTED SERVING: 4 SOFTGELS DAILY WITH FOOD**